



Yellowfin sole Delight

by Mowi

Natural yellowfin sole fillets, caught in the north-east Pacific Ocean, coated with a fine flour coating on the bottom and marinated on the top with a lemon & parsley marinade. The fine flour coating protects the delicate fish flesh and adds just a bit of crisp, while the texture of the fish remains visible on the top side of the product. This results in a restaurant quality product and a multi-faceted taste sensation. Quick and easy to prepare in the oven, pan or airfryer, Yellowfin sole Delight is a delicious and convenient meal centre.



Pacifische schar 'Delight' 

Limande du Nord 'à la minute' 

Pazifische Scholle 'Delight' 



Product Information

Scientific name:	<i>Limanda aspera</i>
Origin:	Caught in the north-east Pacific Ocean (FAO 67)
Sustainability:	MSC certified
Composition:	Natural yellowfin sole fillets with a light flour coating, pre-fried and marinated on the top
Range:	Lemon & Parsley
Product weight:	125g
Shelf life:	Frozen -18°C: 18 months

Preparation - from frozen

