## Cod Delight

## by Mowi

These tail pieces of cod, from MSC certified sustainable fisheries in the north-east Atlantic Ocean, are available in two different sizes. They have been coated with a fine flour coating on the bottom, then marinated on the top with a tomato & basil marinade. The fine flour coating protects the juicy, flaky fish flesh and adds just a bit of crisp, while the texture of the fish remains visible on the top side of the product. This results in a restaurant quality product and a multi-faceted taste sensation. Quick and easy to prepare in the oven, pan of airfryer, Cod Delight is a delicious and convenient meal centre.



## **Product Information**

Scientific name:	Gadus morhua	
Origin:	Caught in the north-east Atlantic Ocean (FAO 27)	
Sustainability:	MSC certified	
Composition:	Tail pieces of cod with a light flour coating, pre-fried and marinated on the top	
Range:	Tomato & Basil	
Product weight:	140-160g, 160-180g	
Shelf life:	Frozen -18°C:	18 months





## Preparation - from frozen



