

Lightly dusted plaice

by Mowi

These natural plaice fillets, from MSC certified sustainable fisheries in the North Sea, have been lightly dusted with a fine flour coating, flavoured with lemon and parsley. The coating protects the delicate fish flesh and ensures a great baking result and taste sensation after preparation in the oven, or in a pan, fryer or airfryer.



Licht bemeelde schol 

Plie façon meunière 

Scholle Müllerin Art 



Product Information

Scientific name:	<i>Pleuronectes platessa</i>
Origin:	Caught in the north-east Atlantic Ocean (FAO 27) - North Sea
Sustainability:	MSC certified
Composition:	Natural plaice fillets in a fine flour coating, pre-fried
Range:	Lemon & Parsley
Product weight:	140-160g
Shelf life:	Frozen -18°C: 18 months

Preparation - from frozen

