

Breaded tilapia

by Mowi

Tilapia is a tropical fish with beautiful white fish flesh. It has a mild taste with a slightly peppery note. These natural tilapia fillets, from ASC certified responsible aquaculture in Indonesia, have been breaded with a crispy bread crumb coating to protect the delicate fish flesh and get a great baking result during preparation. Breaded and pre-fried fish is convenient and easy to prepare. No culinary skills needed, yet a great result both for the eye and the palate.

Gepaneerde tilapia 

Tilapia pané 

Tilapia in Panade 



Product Information

Scientific name:	<i>Oreochromis niloticus</i>
Origin:	Farmed in Indonesia
Sustainability:	ASC certified
Composition:	Natural tilapia fillets in a crispy bread crumb coating, pre-fried
Range:	Natural
Product weight:	140-160g, 160-180g
Shelf life:	Frozen -18°C: 18 months

Preparation - from frozen

